



God is Eternal. We (souls) are Eternal. His Teachings are Eternal. His Religion is Sanatan-Dharma

Lord Krishna – The Seen and Proven God



Lord Krishna listing a mountain that is 21 km in diameter, weighting billions of tons. He held it up for 7 days on His smallest finger.

The Eternal God, Lord Krishna, appears in His original form, once in every daytime of Brahma, this is every 8.64 billion years. He also appears in His other forms in every Yuga. In the current cycle of creation, Lord Krishna has appeared more than 18,000 times in His original form and millions of times in His other forms. This is just on this planet. He has also appeared in millions of other universes.

“Once in a day of Brahma, He descends to this world to manifest His transcendental pastimes.” (Caitanya-caritamrta Adi-Lila 3.6)

Lord Krishna is the Origin of Everything

“The whole cosmic order is under Me. By My will it is manifested again and again, and by My will it is annihilated at the end” (Lord Krishna, Bhagavad-Gita 9.8)

“I am the source of all spiritual and material worlds. Everything emanates from Me. The wise who perfectly know this engage in My devotional service and worship Me with all their hearts”(Lord Krishna, Bhagavad-Gita 10.8)

“Furthermore, O Arjuna, I am the generating seed of all existences. There is no being, moving or unmoving, that can exist without Me” (Lord Krishna, Bhagavad-Gita 10.39)

God can only be known to those who engage in His Service

“My dear Arjuna, only by undivided devotional service can I be understood as I am, standing before you, and can thus be seen directly. Only in this way can you enter into the mysteries of My understanding.” (Lord Krishna, Bhagavad-Gita 11.54)

Lord Krishna is the Proven Savior

“Always think of Me and become My devotee. Worship Me and offer your homage unto Me. Thus you will come to Me without fail. I promise you this because you are My very dear friend. Abandon all varieties of religion and just surrender unto Me. I shall deliver you from all sinful reaction. Do not fear.” (Lord Krishna, Bhagavad-Gita 18.65-66)

Lord Krishna has appeared millions of times and not just once, in each and every one of His appearances, He saved His pure devotees.

The 6 Pillars of Sanatan-Dharma

1. Truthfulness

One must always speak the truth, stand up for the truth, and side with the truth.

2. Compassion

All living beings are brothers and sisters, and thus, one must be kind to all his brothers and sisters. This teaching is unique to Sanatan-Dharma, and it comes from the most merciful Person, Lord Krishna (God). Kindness to animals is practiced by not killing them (vegetarianism and no leather). Treat people nicely, consider the wellbeing of everyone. Don't consume alcohol and drugs, gamble, nor have relationships outside of marriage. These cause suffering to families and especially to the women and children. One must stop these sinful activities.

3. Austerity

There are many austerities that one can perform. Including living a simple life by not being materialistic, eating simply, fasting, meditating, chanting, and going on pilgrimage to holy places.

4. Cleanliness

Take bath at least once daily, brush teeth at least twice daily, keep the home, business/work area, public places, rivers, and streets clean by regular cleaning and not throwing trash.

5. Charity

Donations should be made on a regular basis to accountable and worthy Temples, those engaged in the service of God, those engaged in preaching the glories and instructions of God, and the poor.

6. Spiritual Education

The Vedic knowledge is eternal and vast with more than 800,000 verses, compiled by God Himself in Person. They provide knowledge in all areas of life and the science of God. The Srimad Bhagavad-Gita is the essence of all Vedic knowledge, the word of God in Person. The Srimad Bhagavatam, has the pastimes of God and history of humans dating back to creation, 155.522 trillion years ago. Only the Vedic scriptures contain the pastimes of God and His description. One should study these two scriptures on a regular basis and especially the children.

“It should be understood that all species of life, o son of Kunti, are made possible by birth in this material nature, and that I am the seed giving father” (Lord Krishna, Bhagavad-Gita 14.4)

“One is my brother and the other is not – is the thinking of a narrow-minded person. For those who are broad-minded, liberals, or noble people, the entire world is a one big family.” (Maha Upanishad: Chapter 6, Verse 72)

“One who is not envious but is a kind friend to all living entities..” (Lord Krishna, Bhagavad-Gita 12.13-14)

“The Supreme Personality of Godhead said: Fearlessness; purification of one's existence; cultivation of spiritual knowledge; charity; self-control; performance of sacrifice; study of the Vedas; austerity; simplicity; nonviolence; truthfulness; freedom from anger; renunciation; tranquility; aversion to faultfinding; compassion for all living entities; freedom from covetousness; gentleness; modesty; steady determination; vigor; forgiveness; fortitude; cleanliness; and freedom from envy and from the passion for honor – these transcendental qualities, O son of Bharata, belong to godly men endowed with divine nature.” (Lord Krishna, Bhagavad-Gita 16.1-3)

God is Equal to All

“I envy no one, nor am I partial to anyone. I am equal to all. But whoever renders service unto Me in devotion is a friend, is in Me, and I am also a friend to him.” (Lord Krishna, Bhagavad-Gita 9.29)

We are Eternal

“Never was there a time when I did not exist, nor you, nor all these kings; nor in the future shall any of us cease to be. As the embodied soul continuously passes, in this body, from boyhood to youth to old age, the soul similarly passes into another body at death. A sober person is not bewildered by such a change.” (Lord Krishna, Bhagavad-Gita 2.12-23)

Energy cannot be destroyed but it can change forms. We (the soul) are the energy and our body is the current form we are occupying. Death means a change of form, from one form (body) to another.

“As a person puts on new garments, giving up old ones, the soul similarly accepts new material bodies, giving up the old and useless ones.” (Lord Krishna, Bhagavad-Gita 2.22)

God is a Person with a Spiritual Form

“Fools deride Me when I descend in the human form. They do not know My transcendental nature as the Supreme Lord of all that be.” (Lord Krishna, Bhagavad-Gita 9.11)

The Symptoms of a Spiritual Guru

“The symptoms of a sadhu are that he is tolerant, merciful and friendly to all living entities. He has no enemies, he is peaceful, he abides by the scriptures, and all his characteristics are sublime.” (Srimad-Bhagavatam 3.25)

“A sober person who can tolerate the urge to speak, the mind's demands, the actions of anger and the urges of the tongue, belly and genitals is qualified to make disciples all over the world.” (Nectar of Instruction 1)

By Vedic standards a genuine Guru is one who is kind to every living being, he can describe God in full, he talks about the pastimes, form, and opulence of God. He quotes from the scriptures to back up his answers, he is completely free from lust. He does not engage in violence, lives a simple life, and is accountable. His mission is to take everyone back to the kingdom of God.

What is Bhakti?

When one uses his/her energy, time, and money in the service of Lord Krishna. This is Bhakti (devotional service).

- Always think of Krishna by chanting His names, hearing His pastimes and glories, and working for Him
- Worship Krishna (deity worship)
- Serve Krishna by offering water, leaf, flower
- Don't hurt other living beings – No meat/fish/eggs. No drugs/alcohol/tobacco. No gambling. No relationship outside marriage
- Study the Vedic scriptures, especially the Bhagavad-Gita
- Become humble, think and become a servant to all
- Preach all the above to others

“Though engaged in all kinds of activities, My pure devotee, under My protection, reaches the eternal and imperishable abode by My grace. ” (Lord Krishna, Bhagavad-Gita 18.56)

“If you become conscious of Me, you will pass over all the obstacles of conditioned life by My grace. If, however, you do not work in such consciousness but act through false ego, not hearing Me, you will be lost. ” (Lord Krishna, Bhagavad-Gita 18.58)

A Letter from our Friends

My Dear Humans,

You have feelings, we also have feelings
You feel pain, we also feel pain
You are fearful, we are also fearful
You have a family, we also have a family
You want to live, we also want to live
You are living beings, we are also living beings
You were created by God, we were also created by the same God
You have consciousness, we also have consciousness
You have a soul, we also have a soul
You wouldn't like to have your throat cut, we wouldn't either
You are not food for us, we are also not food for you

Yours faithfully,

Signed: Your most humble friends (Cows, Chickens, goats, pigs, and others)

(Humans, stop killing, go vegetarian)

Infallible Law and Order System

God has created an infallible law and order system for human beings, called the law of Karma. For every action there will be a reaction in proportion to the action taken. Nobody can get away with any wrong doing. Life is an intelligent design, nothing happens by chance. So behave properly, do good to others, and engage in Bhakti.

“Nature is said to be the cause of all material causes and effects, whereas the living entity is the cause of the various sufferings and enjoyments in this world. The living entity in material nature thus follows the ways of life, enjoying the three modes of nature. This is due to his association with that material nature. Thus he meets with good and evil among various species.” (Lord Krishna, Bhagavad-Gita 13.21-22)

Description of People in the Kingdom of God

“The inhabitants of the Vaikuntha planets are described as having a glowing sky-bluish complexion. Their eyes resemble lotus flowers, their dress is of yellowish color, and their bodily features very attractive. They are just the age of growing youths, they all have four hands, they are all nicely decorated with pearl necklaces with ornamental medallions, and they all appear to be effulgent. Some of them are effulgent like coral and diamonds in complexion and have garlands on their heads, blooming like lotus flowers, and some wear earrings. The Vaikuntha planets are also surrounded by various airplanes, all glowing and brilliantly situated. These airplanes belong to the great mahatmas or devotees of the Lord. The ladies are as beautiful as lightning because of their celestial complexions, and all these combined together appear just like the sky decorated with both clouds and lightning.” (Srimad Bhagavatam 2.9.11-13)

By engaging in Bhakti unto Lord Krishna, anyone can go back to the Kingdom of God, Vaikuntha, at the end of this short life, and live eternally in the same body that is completely beautiful, full of bliss, full of knowledge, with no trace of misery, no old age, no disease, no death, no taxes, and no layoffs.

How you can become truly Peaceful

“A person who is not disturbed by the incessant flow of desires – that enter like rivers into the ocean, which is ever being filled but is always still – can alone achieve peace, and not the man who strives to satisfy such desires. A person who has given up all desires for sense gratification, who lives free from desires, who has given up all sense of proprietorship and is devoid of false ego – he alone can attain real peace. ” (Lord Krishna, Bhagavad-Gita 2.70-71)

Give up greed, lust, hate, anger, sinful activities, materialistic life, be kind to everyone, reduce your desires, speak the truth, and engage in Bhakti. You will achieve inner peace and go back to the kingdom of God at the end of this life.